

# Glossary of Terms & Abbreviations

### TERMINOLOGY

- Accessible: Modification of buildings, curbs and other structures to allow unrestricted movement by people with limited mobility, people who use wheelchairs for instance. Required on all federally-funded construction projects.
- Advocacy: Enabling a person to support, secure or defend his/her own rights.
- Ambulatory: Able to walk or move about independently or with minimal assistance.
- **Case Management:** Each individual who is eligible for services from Department of Mental Health (DMH) is assigned a Service Coordinator/Case Manager who helps develop an Individualized Support Plan and then monitors the person's treatment and habilitation to assure that the plan is followed and the individual's needs are met.
- Client/Consumer: The individual receiving services or support person with a disability.
- **Choices for Families:** A Department of Mental Health (DMH) program that allows families to obtain approved services from an independent provider for a family member with a developmental disability living in the home. Families pay for items and services and submit receipts for reimbursement to their Regional Office service coordinator/case manager, or present vouchers to obtain items or services from vendors who submit the vouchers to the Regional Office.
- **DD:** Developmental Disability As contained in Public Law 95-602: A severe, chronic disability of a person which: (A) is attributable to mental or physical impairment or a combination of mental and physical impairments; (B) is manifested before the person attains age 22; (C) is likely to continue indefinitely: (D) results in substantial functional limitations in three or more of the following areas of major life activity: 1) self-care, 2) receptive and expressive language, 3) learning, 4) mobility, 5) self-direction, 6) capacity for independent living, and 7) economic self-sufficiency; (E) reflects the person's need for a combination and sequence of special interdisciplinary or general care, treatment or other services which are individually planned and coordinated.
- **DMH Division of DD:** Department of Mental Health, Division of Developmental Disabilities serves residents of Missouri to provide treatment and habilitation of persons with developmental disabilities. Eligible individuals are assigned a Service Coordinator/Case Manager who helps develop an Individualized Support Plan and then monitors the person's treatment and habilitation to assure that the plan is followed and the individual's service needs are met.
- **Eligibility:** To receive Department of Mental Health (DMH) and Developmental Disabilities Resource Board of St. Charles County (DDRB) funded services a person must have a developmental disability as contained in Public Law 95-602 and defined in 630.005 of the Missouri Revised Statutes.

#### **Employment/Day Program Services:**

- *Community Integration:* a service designed to enable an individual with developmental disabilities to access all aspects of a community through training in natural, typical settings, and to use generic services used by non-disabled individuals. The service itself may not constitute a day program but may be a component of a day program.
- *Day Programs:* typically are located outside of the home at a site which is staffed during typical business hours to provide training in various skill areas (i.e. communication, daily living, work experience, social and personal development).
- *Enclave:* employment for no more than 8 individuals in full or part-time work in a typical business. The work group is provided regular/continuous staff support at the site to perform job duties.

#### **Employment/Day Program Services (Cont.):**

**Supported Employment:** a training and employment model in which an individual with a disability is hired by an employer to perform competitive full-time or part-time work, with one-on-one training provided by a job coach who is assigned and compensated by an agency. The job coach provides training and ongoing support at the work site to maintain the person's employment. Job placement and follow-along services are elements of the service.

- **Supported Employment Follow-Along:** services that are available to individuals who have completed the initial supported employment period (approximately 9 months) and job coaching services have ended. This service is to assist a person with a developmental disability to sustain and retain competitive work in an integrated community setting. Typical follow along supports are of short duration to address specific circumstances such as a change in job duties, issues from the employer, change in supervisors and/or a life crisis.
- **Habilitation:** Training designed to enable individuals with developmental disabilities to achieve their optimal physical, emotional and intellectual functioning.
- **Inclusion:** An educational training approach that is based on the belief that all students should be educated in regular educational settings with non-disabled peers of the same age and grade with necessary supports or accommodations provided as needed.
- **ID:** Intellectual Disability Statistically significant limitations of general intellectual functioning and adaptive behavior, limiting and individual's ability to learn and the capacity for putting learning to use over a range of everyday social and practical skills.

#### **Residential Services:**

- *Emergency Residential Care:* short-term living arrangement for a person with a developmental disability who does not have a family or housing which can provide the necessary care and supervision. Options are assessed and coordinated by the DMH service coordinator/case manager.
- *Group Home:* licensed homes owned and operated by an organization that provides oversight/habilitation training within the community or located within a facility campus. Up to 8 individuals with development-al disabilities may live in each home.
- Habilitation Centers: state owned and operated; clustered home sites for individuals with developmental dis abilities.
- *Independent Living Assistance (ILA):* a residential model whereby the individual with a developmental dis ability receives training in specific skill areas that are developed around his/her Individualized Support Plan, to enable the individual to live as independently as possible. Initial training needs are 15 hours or less per week and fade out over an 18 month period to 7 hours or less per week. Individuals generally do not require overnight staff support.
- *Individualized Supported Living (ISL):* a living arrangement in which the level of supervision and training support are developed around the individuals' needs based on the Individualized Support Plan. Individuals may need up to 24 hours per day of supervision.
- **Respite care:** Temporary relief to the primary care giver from the challenge of caring for a family member with a developmental disability, short term, in-home or out-of-home, to alleviate families of care giving responsibilities.
- **Therapy:** Depending upon an individual's need, a course of therapy is prescribed and may include occupational therapy, physical therapy, speech therapy, and behavioral management therapy.
- **Transition Services:** Programs and services designed to help students with disabilities move from school to the world of work and the community, through training in seeking and holding gainful employment, living independently, and functioning in the community with minimal supports.

## **COMMON ABBREVIATIONS**

|          | American Association of Mental Retardation                          |
|----------|---|
| ADA      | Americans with Disabilities Act                                     |
| BD       | Behavior Disorder   |
| DD       | Developmental Disabilities  |
| DDRB     | Developmental Disabilities Resource Board of St. Charles County     |
| DESE     | Department of Elementary and Secondary Education                    |
| DFS      | Division of Family Services   |
| DHM/DD   | Department of Mental Health - Division of DD                        |
| DSS      | Department of Social Services                                       |
| DSM-5    | Diagnostic & Statistical Manual of Mental Disorders -5th Rev.       |
| DVR      |   |
| EPSDT    | Early and Periodic Screening, Diagnosis and Treatment               |
| FSD      |   |
| FY       |   |
| GR       |   |
| НВ       |   |
| HCFA     |   |
| ICF      | Intermediate Care Facility  |
| ICF/DDIn | termediate Care Facility for People with Developmental Disabilities |
| I/DD     |   |
| IDEA     |   |
| IEP      |   |
|          |   |
| ISP      | Individualized Support Plan   |
| MHD      |   |
| NAFS     | Non-Appropriated Fund System (State Funding Mechanism)              |
| NFP      |   |
| POS      |   |
| PCP      | Person Centered Plan  |
| RCF      |   |
| RFP      |   |
| SB       | Senate Bill   |
|          | Social Security Act or Administration                               |
| SSDI     |   |
|          |   |
|          |   |
|          |   |