



Developmental Disabilities
Resource Board of St. Charles County

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March 5, 2010

Greetings,

As you may be aware, March is Disabilities Awareness Month. The Developmental Disabilities Resource Board of St. Charles County is pleased to announce our partnership with the Missouri Planning Council for Developmental Disabilities and People First of Missouri to promote this year's theme of "Clean Up Your Language".

The St. Charles County chapter of People First of Missouri, a self-advocacy organization made up of individuals with developmental disabilities, is using this time to let others see the world through their eyes by raising awareness on the issue of language. Members have been actively presenting at local municipal council meetings to spread the message that people with disabilities are people first.

To further the mission of the "Clean Up Your Language" campaign, we encourage you to help us promote respect and dignity through the words you use by reviewing the attached printed materials.

Thank you for participation.

Sincerely,

Karen Craven,
DDR B Community Resource Specialist
Email: kcraven@ddrb.org



People First
of Missouri



Clean up your language.

Words can be a taunt, a slur and an insult ... and that's unacceptable.

A person with a developmental or intellectual disability is first and foremost a person. Let's use language that respects people as part of our community. Find out more at **MPCDD.com**



Clean up your language.



DDRB



www.ddrb.org

People First
← of Missouri



Missouri Planning Council For
Developmental Disabilities

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Clean Up Your Language...

Say...

Person with a disability

Instead of...

Disabled or handicapped

Say...

Person with Cerebral Palsy

Instead of...

CP or spastic

Say...

Person who is deaf or hard of hearing

Instead of...

Deaf and dumb

Say...

Person with a cognitive or intellectual disability

Instead of...

Mentally retarded or retard

Say...

Person with epilepsy or person with a seizure disorder

Instead of...

Epileptic

Say...

Person who uses a wheelchair

Instead of...

Confined to a wheelchair

Say...

Person with Down Syndrome

Instead of...

Mongoloid or retard

Say...

Person who has a physical disability

Instead of...

Crippled

Say...

Non-disabled

Instead of...

Normal or healthy

Say...

Accessible parking

Instead of...

Handicapped Parking

***Let People With Disabilities
Live Real Lives!***