

# LifeCourse Community Wide Events



## ADDITIONAL WORKSHOPS

If you can't attend this workshop, please consider one of the others being hosted across Missouri.

**Southwest Missouri**  
March 1, 2016

**Southeast Missouri**  
March 22, 2016

**Central Missouri**  
May 5, 2016

**Kansas City area**  
May 18, 2016

Details at [mofamilytofamily.org/CWE](http://mofamilytofamily.org/CWE)

## LED BY



**MOF2F LifeCourse  
Network at UMKC IHD**  
Statewide network,  
staffed by family  
members of people with

disabilities that provides information, peer support, leadership opportunities and training for people with disabilities, their families and supporters.

## HOSTED BY



## Charting the Course to a “Good Life” for All

Join us to learn about the “LifeCourse Framework” and the roles we hold in our day-to-day lives to support individuals with intellectual and developmental disabilities. We will learn about new tools that can be used to enhance a person-centered approach to a full life.

This interactive, hands-on workshop will:

- Explore the effect of past and current policies and practices of the disability service system on available supports
- Highlight the significant role families play in their members with disabilities lives across the lifespan.
- Introduce the LifeCourse Framework as a foundation for working with individuals with disabilities and their families to achieve a “good life”
- Provide real life examples and strategies that can be used to impact the trajectory towards a “good life”.

### Who should attend:

Self-advocates, family members, support coordinators, providers, early intervention and health care providers, family groups, planners, teachers, recreation programs, state/county staff and general community.

**WHEN:** May 10, 2016  
10am-3pm

**WHERE:** Developmental Disabilities Resource Board,  
1025 Country Club Rd., St. Charles, MO 63303

Register at <https://surveymonkey.com/r/DDRBSStChas>

**Admission and materials are free; however, there is a cost for lunch (\$10 per person). Please contact host for details.**

**For questions, contact:** Robin Peyton, St. Louis DDRB  
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