



## Peers® Social Skills Group

PEERS® (Program for the Education and Enrichment of Relational Skills) is a social skills program for motivated individuals with autism who are in middle or high school. During each 14-week session, individuals are engaged in learning real-life skills for connecting, building and maintaining friendships.

### Social Skills Include:

- Learning appropriate conversational skills
- Understanding appropriate use of humor
- Choosing appropriate friends
- Handling rejection, teasing and bullying
- Handling gossip, arguments and disagreements
- Learning how to be a good sport
- Being a good host during get-togethers
- Making phone calls to friends

Parents also enroll in the program with their child and attend a separate session at the same time. They are taught how to assist their child in making and keeping friends by providing feedback through coaching during weekly homework assignments.

### FREE for St. Charles County residents if:

- Child is eligible for DMH
- Child has DMH ID#

For more information and to see if you qualify, please contact our Admissions Department at **314-423-6200** or via email at **[admissions@esmw.org](mailto:admissions@esmw.org)**





## CHILDREN'S FRIENDSHIP TRAINING

Children's Friendship Training is a social skills program for elementary school age children who have high-functioning autism. The program is modeled after the PEERS approach, which has been very successful teaching middle and high school aged students to learn real-life skills for connecting with others, and building and maintaining friendships. With the Children's Friendship Training, elementary school age students are given the opportunity to practice these skills during socialization activities while in this 12-week session.

Parents will participate in training sessions where they will be taught how to support and assist their children in making and keeping friends by coaching and providing feedback during weekly social skills homework assignments. These sessions run concurrently with their children's sessions.

### Skills that are taught during the session include:

- Learning appropriate conversational skills
- Joining other children in play
- Making and keeping a best friend
- Handling rejection, teasing and bullying
- Handling gossip, arguments and disagreements
- Learning how to be a good sport
- Being a good host during get-togethers
- Making phone calls to friends

### FREE for St. Charles County families if:

- Child is eligible for DMH
- Child has a DMH ID#

Please contact our Admissions Department at **314-432-6200** or email at [admissions@esmw.org](mailto:admissions@esmw.org)

