



**Fiscal Year 2018**

**Outcomes Summary Report**

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*(Italicized text- denotes that not enough data was available during the funding period to include in target totals/report)*

# Advocacy

**Overall Target Percentage Achieved:** 93% (14/15 targets achieved)

**Agency/Program(s):**

FACT- Advocacy

FACT- People First

Options for Justice

Coalition of Service Providers

**Target Highlight:**

100% of parents indicated that they are better able to advocate for their child/children after using FACT's Advocacy service. (FACT)

**Target Highlight:**

14 training opportunities were completed with a total of approximately 174 professionals of the criminal justice and/or the DD service systems in St. Charles County, (judges, attorneys, police officers, probation/parole officers, correctional personnel, Regional Office service advocates, etc.), received training/education. This training helps increase the awareness, enhance the ability to recognize and increase the understanding of the difficulties individuals with developmental disabilities face when involved in the criminal justice system. (Options for Justice)

**Agency Program Highlight(s):**

Family Advocacy and Community Training (FACT), Advocacy program – A family moved mid school year into a different elementary school boundary, but within the same school district. Due to the child's significant medical issues and with school staff already trained to care for the child's unique medical needs, the parent sought to keep her child in the school he had been attending, but was denied. The FACT Parent Advocate assisted the parent with obtaining information in federal regulations as well as the school district's board policies to support the parent's request. The parent was assisted with including this information in a letter to the district and the request was approved.

# Children's Services – Childcare

**Overall Target Percentage Achieved:** 76% (16/21 targets achieved)

**Agency/Program(s):**

Community Living, Inc. – SOAR  
Francis Howell School District  
Recreation Council - Personal Care Attendant  
YMCA  
*Fort Zumwalt School District*  
*Orchard Farm School District*  
*St. Charles School District*



**Target Highlight:**

100% of the campers who requested personal care funding to were able to successfully attend summer day camp at a local park with their peers. (Recreation Council of Greater St. Louis)

**Target Highlight:**

98% of Teen Club families reported that they were able to maintain their employment as a result of their child attending SOAR. (Community Living, Inc.)

# Children's Services – Early Intervention

**Overall Target Percentage Achieved:** 88% (8/9 targets achieved)

**Agency/Program(s):**

United Services-Early Intervention  
United Services-High Intensity Early Intervention

**Target Highlight:**

18 children have turned 3. Of those, 6 or 33% have gone into an inclusive setting. (United Services for Children, Building Blocks)

**Target Highlight:**

64 children have turned 3. Of those, 64 or 100% either entered an inclusive setting, received itinerant therapy services or did not qualify for Early Childhood Special Education services. (United Services for Children, Kid N Around)

**Agency Program Highlight(s):**

Community Living, Inc., SOAR Teen Club program – When a young woman entered the Teen Club program she had very little confidence and believed she wouldn't make any friends. Soon she felt more comfortable and her confidence grew. Over time she had built and maintained lasting relationships within the program. By her senior year she had the confidence to attend her school prom with a group of friends she made. Teen Club staff helped with her make-up and with styling her hair for the occasion. Her parents remarked that the Teen Club helped their daughter grow in ways that will help carry her into the future.

Recreation Council of Greater St. Louis, Personal Care Attendant program – After an unsuccessful attempt last year with summer camp, a young camper was able to attend every week this year without incident. The personal care attendant allowed the family's two children to attend the same camp. The parent reported that her children had a great time and the personal care attendant made it possible for her child to be included in all camp activities.

United Services for Children, Early Intervention program – A young boy who had never spent time away from his mom started in the Kid N Around class last August. The child experienced anxiety and cried often. For the first 6 months he remained very anxious and any time a new person came into the room he would go to the far side of the room and stay there until the new person left the room. Slowly he became accustomed to new people and he began to speak. It was quietly at first but with time he was able to overcome the anxiety that was holding him back. When he turned 3 that year he no longer qualified for Early Childhood Special Education Services and was ready to transition into a typical preschool setting. The last month of school he actually greeted a staff member in the hallway with a high 5.

United Services for Children, High Intensity Early Intervention program – A young girl entered the program experiencing intense anxiety related to her diagnosis of autism. Initially she walked very little on her own, cried the majority of the time and sought comfort by being held and rocked. Through motivational strategies by staff, the child was encouraged to walk to an adult to be held. Over time her confidence grew and she sought out opportunities to walk and expand her environment by walking in the halls. To help her become more acclimated to new people, staff used her desire for wagon rides as an opportunity to make brief visits to staff offices. As her anxiety has decreased, she is showing interest in playing alongside other children, playing with a variety of toys, and enjoying social play with adults. Her communication skills have also improved. She's using gestures such as pointing, reaching and body positioning to communicate some of her wants and needs. While the family's native language is Spanish, staff and the family have worked together with parent training, translating documents and learning about their child's disability. Staff report that she will be turning three and transitioning to her school district program and the gains she has made in the program have prepared her for the next big milestone.

# Education/Socialization/Community Integration

**Target Percentage Achieved:** 86% (12/14 targets achieved)

**Agency/Program(s):**

Association on Aging with Developmental Disabilities - Retirement Support Group  
Association on Aging with Developmental Disabilities - Retirement Planning  
Emmaus - LINK  
Pathways to Independence - Skills Development  
St. Charles County Community College - Direct Support Conference  
Willows Way - Project Heart

**Target Highlight:**

100% of EmmausLink program activities were community based.

**Target Highlight:**

87% of participants who were enrolled in EmmausLink Saturday courses increased their participation in non-disability specific activities in their community. EmmausLink participants report having enrolled in continuing education courses at St. Charles Community College, attending classes at their local libraries and YMCA's, participating in self-defense class, attending services at their local churches.

**Agency Program Highlight(s):**

Association on Aging with Developmental Disabilities (AADD), Retirement Support Group program – A founding member of the Senior Hotshots group has a very personal connection with the group and identifies herself as a “Senior Hotshot”. Over the years, members of the retirement support group supported her in her weight loss process after she received a pacemaker and was encouraged to stay healthy. In an effort to give back to the group she leads and participates in discussions about healthy eating and exercise. She can often be observed leading exercises at group or assisting one of her peers by getting them something they need. She asks about group members, staff and other attendees at the senior center when they are away. She loves music and has been known to demonstrate her singing and dance moves for the group. She often encourages others in the group and shows them how to do things independently.

Pathways to Independence, Skills Development program – A new participant joined the program to get connected in his community and to receive support to build stronger social and communication skills. He was highly motivated and quickly became an integral member by getting to know other members and attending consistently. He appreciated feedback from staff and made efforts to strengthen his skills through participation in Social College classes. This past year he sought leadership roles within the program using staff assistance to plan events of his own, hosting others in his home, and suggesting potential future events. Recently he independently initiated social get-togethers with peers who are not associated with the program. This was a successful experience which built his confidence and strengthened his motivation.

# Employment – Community Supported Employment

**Agency/Program(s):**

- BCI-SEFA
- Center for Specialized Services-SEFA
- Community Living, Inc.-SEFA
- Easterseals Midwest-SEFA
- MERS/Goodwill-SEFA
- Preferred Employment-SEFA
- St. Louis Arc-SEFA
- UCP-Heartland-SEFA
- BCI-Community Employment (group)*

**Common Targets:**

95% (306 of 321) individuals served retained their job for 90 days

89% (287 of 321) individuals served retained their job for 6 months.

79% (255 of 321) individuals served retained their job for 1 year.

57% (184 of 321) individuals served retained their job for 2 years.

45% (143 of 321) individuals served retained their job for 3 years.

**Agency Program Highlight(s):**

BCI, Community Employment Services program – An employee who began at the facility learning packaging and assembly moved on to employment in the community at Reckitt Benkiser. There he quickly became a lead employee and worked on a variety of their production lines in a high speed environment. An accident occurred this past winter that prevented him from doing the repetitive high speed production and as a result, he transferred to the BCI location to maintain his employment. He remained a hard worker and was desired on every production line. He was then offered an open position at Show Me Shine working at the rest stop off of highway 70. Although he was hesitant to leave his BCI job, he accepted the position as many of the aspects of the job appealed to him. He has been very successful with Show Me Shine and takes pride when drivers comment on the cleanliness of his rest area.

Esasterseals Midwest, Supported Employment Follow Along program – An employee of United Health Care who receives supported employment follow along services was recently recognized by one of his coworkers in the company’s newsletter stating, he “is always so kind and willing to give a hand if needed. He helped me stock a closet full with literature that was just printed and that would have taken me a while by myself.” A 14-year employee of Barnes-Jewish St. Peters Hospital who receives supported employment follow along services was recognized as a dependable worker who has proven herself willing to pitch in to help the team with whatever is needed. She has successfully adjusted to new responsibilities and new supervisors throughout her time with the company and demonstrates a strong work ethic.

Preferred Employment Services, Supported Employment Follow Along program – After a successful season working at a hotel with assistance from the Summer Teen Employment Program, the young man was hired to stay on by the hotel firm. During his senior year of high school, his job coach and hotel staff helped him develop ways for him to independently perform his job tasks. Upon graduation, his employer offered more hours which he eagerly accepted. The additional hours involved learning additional tasks and the employer reports that he has adjusted well with only follow along service support.

## Employment – Facility

**Overall Percentage Achieved:** 100% (5/5 targets achieved)

**Agency/Program(s):**

BCI – OES (Organizational/Facility)

**Target Highlight:**

Nine employees have increased wages to at or above minimum wage. (BCI-OES)

**Target Highlight:**

Three employees have moved to community employment. (BCI-OES)

**Agency Program Highlight(s):**

BCI, Organizational Employment Services program – A young man began working at BCI in December of 2014. This was his first opportunity at employment. He applied at several jobs prior to his start, but never made it past the interview. Within one year of work, he socially started opening up more. He became proficient and had a new confidence. His productivity reflected in high wages and he became a “go-to” for co-workers on the line. He grew into a position of inspecting finished product, he had an eye for quality and knew every need of the line. In January, a Quality Auditor position became available and he was recommended for the promotion. He was hesitant at first, but agreed to job shadow to see what the job entailed and soon accepted the position. He is now working 40 hours a week earning \$12 per hour. He proudly walks the work floor and inspect 18 lines of production throughout the day taking samples of finished product of the line to ensure 100% accuracy in all output He has obtained his driver’s license, moved into his own apartment and is now engaged to be married. Having that first open door to employment has allowed him to achieve success in many aspects of his life.

# Employment – Training

**Overall Percentage Achieved:** 77% (17 of 22 targets achieved)

**Agency/Program(s):**

Center for Specialized Services - Vocation Training  
Easterseals Midwest - Employment Access  
Easterseals Midwest - Summer Teen Employment Program  
Easterseals Midwest - Project Search  
St. Louis Arc-Pre-Employment Skills Training  
UCP – Talent Connect



**Target Highlight:**

100% of individuals currently enrolled in the Pre-Employment Skills Training program have learned new employment skills and maintained these skills through the assessment and training phase. (St. Louis Arc)

**Target Highlight:**

Out of the 8 individuals who obtained employment 100% have retained their job for 90 days or more. (UCP Heartland-Talent Connect)

**Agency Program Highlight(s):**

Easterseals Midwest, Employment Access – A young man entered the employment access program after being terminated from his job at a local grocer due to multiple miscommunications. Through the program he was able to begin a volunteer position at Shop ‘n’ Save performing the same job, but this time with supports to help him fine tune his skills. He focused on improving his communication, including giving his boss pertinent information and answering customers’ questions. He worked through his tendency to freeze when asked a question and with practice, began interacting with customers in a meaningful way. He was recently hired by Shop ‘n’ Save as he had demonstrated his ability and desire to do well in his chosen job.

# Family Support

**Overall Target Percentage Achieved:** 92% (12/13 targets achieved)

**Agency/Program(s):**

Children's Home Society - Family Training & Education

FACT - Family Support Partner

United Services - Family Support

*Behavior Solutions - Parent Training Workshops*

**Target Highlight:**

97% of families understand their child's disability and know how to access community supports. (FACT-Parent Support Partner)

**Target Highlight:**

100% of families who received the service were free from substantiated incidents of child abuse or neglect. (FamilyForward-Support and Education)

**Agency Program Highlight(s):**

Family Advocacy and Community Training, Family Support Partner program – The mother of a two-year-old diagnosed with autism spectrum disorder was struggling financially because her daughter was also experiencing seizures, causing mom to miss work to attend necessary medical appointments. Mom was connected with multiple community services to help with utility bills, food, clothing and rent. She was also assisted with applying for WIC, SNAP, daycare assistance and St. Louis Regional Office. Now that Mom is receiving public assistance she can focus more on her daughter's care.

Family Advocacy and Community Training, Family Support Partner program – A newly licensed foster parent accepted a nine-year-old child diagnosed with autism spectrum disorder and childhood trauma. Whenever the child got frustrated he would get violent at home and at school. Due to the school requesting the child leave early due to his inability to control himself in the classroom, the foster parent was missing a lot of work. She was fearful of losing her job and was contemplating having the child removed from her care. The foster parent was assisted with scheduling and preparing for an Individualized Educational Plan meeting to request more services be put in place to assist the child during his school day. She was assisted with applying for eligibility through the St. Louis Regional Office to access behavioral assistance in the home. The foster parent was also connected with community based mental health services to address the child's past trauma. With the services and assistance put in place, the foster mother was able to keep the child in her home.

United Services for Children, Family Support program – One of the families who attended the Early Childhood Parenting Made Fun program in the spring originally took the class because she was required to. Her child had been removed from the home and was placed in foster care. She had to take a parenting class to fulfill a requirement towards getting her child back in her care. While she was required to attend the class, she knew this was an opportunity to learn how to be a better parent. She invited her mom to come with her so that she would have additional support and a resource to help her when her child came back. Each week the mom stayed after class to ask questions and to get additional ideas to try with her child. Several months later the mom reported that she had gotten her child back and was excited to introduce her family to staff. She said she continued to use the strategies she learned in class and was hoping to take the class again in the future. She was very grateful for the experience.

# Recreation

**Overall Target Percentage Achieved:** 75% (18/24 targets achieved)

**Agency/Program(s):**

Community Living, Inc. - Recreation  
LifeBridge Partnership - Sports Camp  
Recreation Council - Information & Referral  
Recreation Council - Vouchers  
Recreation Council - After School Service Clubs  
Recreation Council - Parks & Recreation

**Target Highlight:** 99% of participants who responded to the survey stated that Adult Recreation has increased their self-esteem and confidence. (Community Living, Inc.-Recreation)

**Target Highlight:** 96% (24 students) enhanced a friendship. Many of the positive social interactions reported are friendship related. Two middle school students who met at the club are doing things together outside of school. (Recreation Council-After School Service Clubs)

**Agency Program Highlight(s):**

Recreation Council of Greater St. Louis, Information and Referral program – A child did extremely well interacting with his teammates and participating as a member of the team both on the field and on the bench when it was his turn. Another child with fellow scouts in her unit worked together to plan and prepare a cookout meal and had a wonderful time doing it.

LifeBridge Partnership, Sports Summer Camp program – A shy camper who had begun to form friendships with other campers expressed her fear of a rock climbing activity to her friends on her team. Team members encouraged her to try it and although it took her several attempts, she made it all the way to the top by the end of the field trip. When she came down she hugged her friend and staff and was very proud of her accomplishment. By the end of the program there was a noticeable improvement in her confidence and level of comfort with friends she had made.

# Residential

## Agency/Program(s):

Caring Solutions, Inc.-ILA  
Community Living, Inc. – ILA  
Easterseals Midwest – ILA  
Willows Way – ILA  
Center for Specialized Services - Community Support Services



## Common Targets:

**88% (111 of 126) of individuals in ILA services accomplished 80% of the skill development goals in their service plan.** (includes Community Support Services)

**96% (97 of 102) of individuals in ILA services improved their health over the last year.**

**96% (97 of 102) of individuals in ILA services acquired and/or maintain relationships within their community.**

**96% (121 or 126) of individuals in ILA services developed and demonstrated a new skill that increased their ability to interact and become more involved in their community.** (budgeting, safety skill, daily living task, planning leisure activities, etc.)

## Agency Program Highlight(s):

Community Living, Inc., Independent Living Assistance program – A participant received support to move into a one-bedroom apartment with his finance. It wasn't long before it became apparent that the couple was going to need a lot of support as they are expecting a baby. Program staff helped him work with the apartment complex so he can move to a two-bedroom apartment before the child is born. He was also assisted in joining a church and the church is providing additional supports for the soon-to-be new parents.

Center for Specialized Services, Community Skills Assessment program – An individual entered the program with goals of working on money management, food preparation and accessing the community. The individual successfully achieved his goals within two years and has transitioned into his own apartment. He now lives independently with weekly Independent Living Assistance program supports. His family admits that initially they thought their son would never be able to live on his own and are proud of his accomplishments.

Willows Way, Independent Living Assistance program – A participant was unhappy living with his roommates in a shared home. He met an individual, formed a friendship, and the two decided to date. After nearly a year and a half, the two decided they would live together. Although their friends and family doubted this decision, the couple convinced their respective support systems that they could be successful. They signed a lease and moved in together in 2018. Today, they report that they have successfully built a stronger relationship and are happier in their lives.

# Respite

## Agency/Program(s):

FamilyForward - Respite  
Community Living, Inc. - Respite Home  
Community Living, Inc. - Center Based  
Community Living, Inc. – In-Home  
St. Louis Crisis Nursery-Respite



## Common Targets:

**97% of children continue to reside in their natural home due to the use of respite.**

**98% of families reported a reduced amount of stress as a result of using respite.**

**98% of families expressed satisfaction with the respite services utilized.**

## Agency Program Highlight(s):

Community Living, Inc., In-Home Respite program – A family enrolled in the program in March of 2018. The family comprised a young single mom of twin four-year-old boys that both qualified for services. The mom is the sole caregiver. The parent shared that she was struggling to complete her GED which was keeping her from finding a stable job that could support both her and her two sons. Since then, she has used her respite time to work through 4 of the 8 courses toward completing her GED. While she is studying and going to class she knows her twin boys are in good hands with their reliable and trustworthy respite provider. The mother shared that she would really like to work in the social services field one day, supporting and helping others. She has a passion for this field as she knows from personal experiences how needed the social service industry is. The In-Home Respite program has provided this family with an overall feeling of joy and personal accomplishment.

Community Living, Inc., Center Based Respite program – A 13-year-old young man who is being raised by a single father needs constant supervision in order to provide for his safety. Due to the father’s work schedule which includes travel, in-home respite services are required and provided by a select few individuals that the young man is comfortable with. At the time he started attending the respite center, he was sleeping in the same bed with his father as this was the only way that his father could get any sleep. When he began attending the respite center, it was a very difficult transition for him. He required someone to be within arm’s reach at all times due to constant elopement attempts. He was up all night exhibiting significant aggressive and self-injurious behaviors. To begin, he was only able to stay on weekends when specific and familiar staff were working. For the first eight months of attendance he was only able to stay for one overnight at a time rather than the full 48-hour weekend due to his extreme behaviors and level of anxiety. At one point his ability

to be successful in the respite center environment had been strongly questioned. In January of 2018 he began to demonstrate significant improvements. He came into the center happily and although he frequently asked for his dad, his anxiety level and inappropriate behaviors decreased dramatically. That same month he attended his first full weekend. He had a great weekend that included a positive field trip, lots of peer interaction and sleeping the majority of both nights. Although he still requires constant supervision in any environment, Dad reports that he is now sleeping in his own room at home and is generally sleeping through the night. His father states that the respite center has been life-changing for both he and his son. It allows Dad to have a much needed break and he knows that his son is being well cared in an environment that offers new experiences and time with peers.

St. Louis Crisis Nursery, Respite program – A single mother of five welcomed her youngest child into her home in August. Due to complications with her pregnancy, she was unable to work and got behind on bills. She was at risk of eviction and unsure where to turn. She reached out to the agency for support when she realized she didn't know what to do and was feeling completely overwhelmed. During her children's stay at the nursery, staff recognized that her three-year-old son was not meeting developmental milestones and discussed concerns with Mom. She acknowledged that she had noticed this too, but was unsure what to do. The nursery was able to connect Mom with a social worker through the in-home family empowerment program and helped her address her family's urgent needs and walked her through the process of having her son evaluated. As a result, he has received a diagnosis and has gotten involved with the Regional Office and a whole host of other support services to help him succeed. Mom is working again, in stable housing, and is graduating from the family empowerment program this month.

# Therapy Services/Adaptive Equipment

**Overall Target Percentage Achieved:** 80% (12/15 targets achieved)

**Agency/Program(s):**

Center for Specialized Services- Adaptive Equipment

DASA - Sports Training

ShowMe Aquatics - Aqua-Ability

Tree House - Riding Therapy

**Target Highlight:**

100% of individuals who received this services report that their adaptive equipment has increased safety and independence in activities or self and/or increased the safety of their caregivers when assisting with these activities. (The Center for Specialized Services)

**Target Highlight:**

100% of individuals who received this service reported their vehicle modification has positively enhanced and/or improved safety and accessibility in the community. One individual was home bound due to his parent's disability. With receipt of a modified van, this client can now participate in activities in the community without risk of injury to himself or parent. (The Center for Specialized Services)

**Agency Program Highlight(s):**

Disabled Athlete Sports Association, Sports Training program – A 9-year-old athlete has been in the DASA program for over 5-years. Initially he presented with a weak gait and endurance and dependent swimming skills with no water safety awareness. Over this last year he has shown major improvement in strength, endurance, and body awareness. He follows multi-step directions in group settings demonstrating a better understanding of team sport, waiting his turn and waiting in line for next direction. Physically he has improved to be able to run with a speedy gait a distance of 200 meters without stopping. He can now swim independently 25 ft., and he is independent on an adaptive bike with pedaling and steering.