Transition Tool Kit

Navigating the Pathway from School to Adult Services

DDRB

DEVELOPMENATAL DISABILITIES RESOURCE BOARD

of St. Charles County

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**This presentation will be available on our website at
www.ddrb.org**

Tell us about you…

► Person with a disability?

► Parent or family member?

► Educator?

► Service provider?

► Service coordinator or case manager?

► Community member?

► Other interested person?

About the DDRB

The DDRB is a public taxing entity, commonly known as a "Senate Bill 40 Board" that enters into funding contracts with agencies that serve individuals with developmental disabilities in St. Charles County.

This public tax was established in 1977 when voters of St. Charles County approved to tax themselves up to sixteen cents per $100.00 of assessed property valuation to provide community based programs and supports for citizens with developmental disabilities. The DDRB is a 9 member volunteer board. The administrative staff report directly to the Board, providing accountability the St. Charles County community.

DDRB Community Programs:

▶ The DDRB funds several community programs supporting individuals with developmental disabilities. Each program has specific criteria which can be found on the DDRB website. Following is a listing of the current programs.

   ▶ Independent Living Assistance

   ▶ Supported Employment Follow Along

   ▶ Mileage reimbursement for volunteer drivers with MO RIDES

   ▶ Conference Stipend

   ▶ Emergency Housing Assistance

   ▶ Home Modifications

   ▶ ISL/ILA Start Up

   ▶ Library Reference Collection

   ▶ Supported Employment Transportation Stipend

DDRB Case Management Program implementation

In an effort to enhance the case management service delivery system, a partnership was established between the DDRB and Department of Mental Health (Division of Developmental Disabilities). The intent of this collaboration was to reduce caseloads for the local Department of Mental Health (Division of Developmental Disabilities) case managers in order to allow all case managers the ability to provide quality, individualized services to those receiving case management in St. Charles County. As a result, in May of 2006, the DDRB began providing case management to individuals 18 years-of-age and older. The DDRB now provides case management services to over 1200 customers 17 years-of-age and older. Now anyone over the age of 17 entering the case management system in St. Charles County has a choice of case management provider!

Objectives of today's session:

- To discuss the process of transitioning from school to adult services for individuals with developmental disabilities.

- To provide resources and tools to assist with the transition process

- To provide information regarding the eligibility determination process for accessing case management services

- To provide information on the variety of resources available in our community.

Planning is bringing the future into the present so that you can do something about it now.
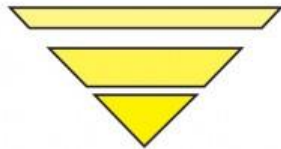
Alan Lakein

BrainyQuote®

STEP 1

Apply for Case Management Services (Also called Support Coordination)

Case Management is the link to needed resources and information. To access adult services, the transitioning student must have an open case with the Missouri Department of Mental Health – Division of Developmental Disabilities.

Applying for DD Case Management Services

1. First point of contact: St. Louis Regional Office - Call 314-587-4800 Ask for "Intake and Assessment"

2. An intake worker will gather information and send an application packet. An appointment will be scheduled to complete an assessment to determine eligibility for services.

3. If determined to be eligible for Case Management services, needs will be identified and an Individual Support Plan (ISP) will be written to address those needs.

DIVISION OF
DEVELOPMENTAL
DISABILITIES

Eligibility

A developmental disability is a disability which is attributable to mental retardation, cerebral palsy, epilepsy, head injury, autism, or a learning disability related to a brain dysfunction, or any other mental or physical or mental impairment which occurs before age 22. It must be determined that this disability is likely to continue indefinitely and that it results in a substantial functional limitation in two or more of the following six areas of major life activities: self care, receptive and expressive language development and use, learning, self-direction, capacity for independent living or economic self sufficiency and mobility.

STEP 2
Apply for Medicaid (MO HealthNet)

Transitioning students should apply for Medicaid when they turn 18.
A child can apply at a younger age if your family meets the income guidelines. If your child is younger than 18, your total household income and resources are a factor. If your child is 18 or older, only their income and resources are considered.

Medicaid is required to access most adult services for people with disabilities.
Without Medicaid, service options are limited.

MoHealth Net

To apply for Medicaid:

1. Visit the Family Support Division office at closest to you. Search locations at dss.mo.gov

2. Print an application available at ttp://www.dss.mo.gov/fsd/massist.htm The link to the MO HealthNet application will be on the menu on the right of the page.

3. Keep copies of your application form. They sometimes get lost.

4. Hand-deliver or mail your application to the local office.

(855) FSD-INFO

Missouri Department of Social Services
Family Support Division Information Center
(855) 373-4636

Missouri Department of
SOCIAL SERVICES
Your Potential. Our Support.

St. Charles Family Support Division
3737 Harry Truman Blvd.
St. Charles, MO 63301

(636) 940-3170

Eligibility

- Social Security Number
- Live in Missouri
- US Citizen or Eligible Qualified Non-Citizen
- Elderly (65 and over), Blind or Permanently and Totally Disabled
- Available resources for elderly and disabled: Individual - less than $2000, Couple - $4000 or less
- Exclude medical savings accounts and independent living accounts for the participant up to $5,000.00/year each and earnings on such deposits.
- Real and Personal Property for blind: Individual -$2000 or less, Couple $4000 or less
- Net Income limit for Elderly and Disabled, 85% of the federal poverty level: Individual - $855, Couple - $1,151
- Net Income limit for Blind,100% of the federal poverty level: Individual - $1,005, Couple - $1,354

ABLE Account

MO ABLE
POWERED BY STABLE ACCOUNTS

One of the primary reasons that the federal ABLE Act was passed was to protect Individuals with disabilities from losing certain benefits such as SSI or Medicaid.

ABLE Accounts can be opened with as little as $50.00.

Accounts can be opened online on the MO Able website.

https://www.moable.com/

You can use an ABLE account for:

- Basic Living Expenses
- Housing
- Transportation
- Education
- Assistive Technology

- Employment Training
- Personal Support Services
- Legal Fees
- Health & Wellness
- Financial Management

Midwest Special Needs Trust administers trusts that protect public benefits for people with disabilities. The organization is governed by a professional, values-driven Board of Trustees that includes family members of people with disabilities and individuals with business expertise. The Board's commitment includes providing affordable trust services to individuals and families of modest means.

Allowable Expenses

- Clothing
- Transportation expenses
- Services or costs not covered by Medicaid (co-pays, chore services, hours exceeding caps, dental services for adults)
- Telephone or cable television
- Furniture or household items
- Cleaning supplies
- Modifications to home for accessibility
- Communication or assistive devices not covered by Medicaid
- Caregiver agencies
- Beneficiary travel expenses to visit family or for pre-approved vacations
- Pre-paid burial plan

HOW ARE SERVICES FUNDED?

Home & Community Based Waivers

The Missouri Department of Mental Health's Division of Developmental Disabilities (Division of DD) administers five Medicaid Home and Community Based (HCB) Waiver programs for individuals with intellectual or other developmental disabilities.

The five waivers are the Comprehensive Waiver, Missouri Children with Developmental Disabilities Waiver (MOCDD or Sarah Jian Lopez Waiver); Community Support Waiver, Partnership for Hope, and Autism Waiver.

Adult services are usually funded by the Partnership for Hope Waiver, Community Support Waiver or Comprehensive Waiver.

Who Qualifies for a Division of DD Waiver?

Comprehensive, Support, and Partnership for Hope Waivers:

- Eligible for MO HealthNet (Missouri's Medicaid program) as determined by the Missouri Department of Social Services' Family Support Division under an eligibility category that provides for Federal Financial Participation (FFP);

- Must have needs that would require care in an intermediate care facility for developmental disabilities;

- For the Comprehensive Waiver, requires residential supports;

- For the Community Support Waiver services are limited to $28,000 annually and the participant must not require residential services. This limit may be exceeded on a case by case basis;

- For the Partnership for Hope, waiver service needs are limited to $12,362 annually and the participant must not require residential services. If there are special circumstances, people may be able to get more services.

Eligibility

Individuals must have active Medicaid and eligible diagnosis in order to apply for a Medicaid Waiver. The Medicaid Waiver program is a combination of federal and state funds that are used to purchase services for people with disabilities. The Case Manager will need to apply for a Medicaid Waiver for the individual. The process takes several months. It is critical that the process of applying for the Waiver begins well before the funding is needed.

Waiver-Eligible Diagnoses

In addition to having active Medicaid, an individual must have a waiver-eligible diagnosis.

Some examples include intellectual disability, autism spectrum disorders. epilepsy, cerebral palsy and Down syndrome or other genetic disorders.

Specific learning disabilities or mental illness are not waiver-eligible diagnoses.

EMPLOYMENT TRANSITION

Students who are employment-bound can apply for services from Vocational Rehabilitation in their final year of school.

Vocational Rehabilitation (VR) is a division of the Department of Elementary and Secondary Education (DESE) that provides vocational counseling and funding for employment evaluation, training and supports for people with disabilities. Vocational Rehabilitation also certifies a person's eligibility to work in sheltered employment.

To Apply for Vocational Rehabilitation Services

1. The school districts have a Vocational Rehabilitation Counselor assigned to the district. Talk to your school guidance counselor about applying for services

OR

2. In St. Charles County contact the Division of Vocational Rehabilitation, 3737 Harry S. Truman Blvd., Ste. 400, St. Charles, MO 63301, (636) 940-3300, Toll Free: (855) 283-2681

Outside St. Charles County visit https://dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation/vr-offices for the office closest to you.

Eligibility

Eligible individuals have a physical or mental impairment that causes problems with working and need VR services to be successfully employed.

http://www.dese.mo.gov/vr/vocrehab.htm

Employment Training Programs

Easter Seals Midwest - Project Search
High School Seniors
Employment Internship
Access Services Through the School District

Missouri Job Center of St. Charles County – Youth Employment Program
Youth Age 16 – 24
On the Job Training, Paid Classroom Training, Pre-Apprenticeship Training,
Assistance with Budgeting Skills, Entrepreneurial Training
636-255-6060

United Cerebral Palsy – Talent Connect
Hotel and Hospitality Industry, Real-World Transferrable Job Skills
314-994-1600

Transition to Post-Secondary Education

Most college campuses have an accessibility office to provide accommodations for students with disabilities.

St. Charles Community College – https://www.stchas.edu/student-life/student-services/disability-support-services

St. Louis Community College – http://www.stlcc.edu/disAbility/Access_Office/Index.html

UMSL – http://www.umsl.edu/services/disability/map.html

Maryville University – https://www.maryville.edu/fye/accommodations/

Lindenwood University – http://www.lindenwood.edu/academics/support-resources/disability-services/

UM Columbia – http://disabilitycenter.missouri.edu/

Supported Education Programs

UMSL - SUCCEED is a post-secondary program for students with intellectual and developmental disabilities ages 18 through 25 years. Program participants can earn a Chancellor's Certificate by completing the two-year residential program. http://www.umsl.edu/succeed/

University of Central Missouri – THRIVE offers a program for young adults with intellectual or developmental disabilities in a 2-year residential college experience. With a focus on building the knowledge and skills to transition from home to independent living, and from school to the workplace. https://www.ucmo.edu/thrive/
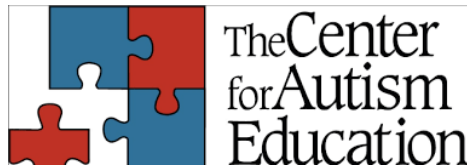
Westminster College - The Tomnitz Family Learning Opportunities Center (LOC) offers academic support to students through a variety of programs, including the Learning Disabilities Program, the Academic Enrichment Program, the Peer Tutoring Program, and the College Transition Program. The LOC's professional academic staff also offer supplemental courses designed to encourage and support academic success in the Humanities, Natural and Mathematical Sciences, and Social Sciences. http://www.westminster-mo.edu/academics/resources/learning/default.html

ADULT DAY SERVICES

It is suggested that transitioning students visit day programs during the summer prior to their last year of school. This will help with the decision about which program is the best fit. The Regional Office or DDRB Case Manager will help arrange visits for parents. Transition visits for the student will be coordinated by the school district during the final year of school. The frequency and duration of transition visits will vary by student and day program. There are several agencies that provide adult day services. Participation in a day program requires funding from the Department of Mental Health through the Medicaid Waiver. The individual cannot participate in a day program until funding is approved. Most programs have a waiting list.

The Workforce Innovation & Opportunity Act (WIOA)

WIOA increases individuals with disabilities' access to high quality workforce services and prepares them for competitive integrated employment.

- Youth with disabilities will receive extensive pre-employment transition services so they can successfully obtain competitive integrated employment.

BEHAVIORAL HEALTH SERVICES

If a child is diagnosed with an emotional disorder or has a problem with substance abuse, application may be made for Behavioral Health Services at any time. Crider Center is the area agency and can provide your child and family with needed support to manage mental health concerns.

To Apply for Behavioral Health Services

1. Contact Crider Center (Compass Health),
   1032 Crosswinds Court, Wentzville, MO 63385
   636/332-6000 or 1-800-574-2422

2. Counties Served: Franklin, Lincoln, St. Charles, Warren

3. http://dmh.mo.gov/mentalillness/progs/

Eligibility

People with a serious mental illness; Individuals and families in crisis; People who are homeless and mentally ill; Individuals committed for treatment by the court system; and Children with severe emotional problems.

ADDITIONAL BENEFITS

SSI (SUPPLEMENTAL SECURITY INCOME)

Transitioning students should apply for SSI at the age of 18. This should be done at the same time as the application for Medicaid. Medicaid and SSI use the same disability determination process and they share information. It streamlines the application process. SSI provides monthly income for the individual that can be used for general living expenses and other things they may need. A parent can apply for a child under 18 if the family meets low income guidelines.

To apply for SSI

To apply for a child who is under age 18, complete the online Child Disability Report at www.ssa.gov.

To apply at age 18 or older, complete the online Adult Disability Report at www.ssa.gov.

In addition, schedule an appointment to file for benefits by calling 1-800-772-1213 (TTY 1-800-325-0778), 7 a.m. to 7 p.m. or visit your local Social Security office between 9 am and 3 pm.

St. Charles Social Security Administration Office
4800 Executive Centre Parkway
St. Peters, MO 63376.

Eligibility

- Children from birth up to age 18 may qualify for Supplemental Security Income (SSI) benefits. They must meet Social Security's definition of disability for children and the parents and child must have low income and few resources.

- Children age 18 and over who have a disability that began before age 22 may qualify for Social Security disability benefits from a parent's record. They must meet Social Security's definition of disability for an adult and have a parent who is receiving benefits or is deceased and worked long enough to become insured.

- Under both programs, the child must not be doing any substantial work.

For more information about disability resources in our community visit

www.ddrb.org

Click on "Parent Resources", then "Resource Directory"